

BCSC ONGOING ACTIVITIES

Activity	Weekdays	Start Time	End Time	Location
Breakfast	M, Tu, W, Th, F	8:00 AM	9:00 AM	Multipurpose
Lunch	M, Tu, W, Th, F	11:30 AM	1:00 PM	Social Hall
ARTS AND CRAFTS				
Independent Art Workshop	Wednesday	8:30 AM	11:30 AM	Rooms 3 & 4
Knitting & Crocheting (Project Linus)	Monday	9:30 AM	11:30 AM	Room 5
Quilting: Experienced	Tuesday	8:30 AM	11:45 AM	Room 3
Stained Glass	Wednesday	8:00 AM	10:15 AM	Room 5
Visual Journals	Saturday - 3rd	12:00 PM	2:30 PM	Rooms 3 & 4
Watercolor: Open Workshop	Tuesday	1:00 PM	4:00 PM	Room 3
Woodcarver Workshop: BC Carvers	Friday	8:00 AM	12:00 PM	Room 5
COMPUTERS				
Apple Mac and PC Open Computer lab	Monday, Wednesday, Friday	9:00 AM	11:00 AM	Computer
Apple Mac Workshop	Saturday - 4th	9:30 AM	12:30 PM	Computer
DANCE				
Ballroom Dance Class (\$6/class)	Thursday	4:45 PM	5:45 PM	Social Hall
Japanese Folk Dance	Monday	10:00 AM	12:00 PM	Multipurpose
Line Dancing: Advanced	Thursday	1:30 PM	3:00 PM	Social Hall
Line Dancing: Beg Improver	Thursday	3:15 PM	4:30 PM	Social Hall
Line Dancing: Beginning	Tuesday	1:30 PM	3:00 PM	Social Hall
Line Dancing: Intermediate	Tuesday	3:15 PM	4:30 PM	Social Hall
Thursday Night Dance (\$3)	Thursday	6:00 PM	8:30 PM	Social Hall
EXERCISE				
Chair Yoga (\$5.00)	Monday	2:30 PM	3:30 PM	Multipurpose
Dancing with the Bars	Thursday	8:30 AM	9:15 AM	Social Hall
Deep Stretch Yoga (\$5.00)	Thursday	11:30 AM	12:30 PM	Multipurpose
Hiking Group *Van* Offsite	Thursday - Every 2 Weeks		-	Offsite
Qigong & Self-Care (\$3-\$5)	Tuesday	11:00 AM	12:00 PM	Multipurpose
Tai Chi Chih - Joy Through Movement	Monday	11:15 AM	12:15 PM	Room 1
Tai Chi Chih Practice	Wednesday	3:30 PM	4:00 PM	Room 1
Tai Chi Chuan (Enrollment Jan or July)	Saturday	11:30 AM	1:00 PM	Social Hall
TNT Dynamite Exercise (\$2.00)	Monday, Wednesday, Friday	9:30 AM	10:30 AM	Social Hall
Yoga and Fitness Class	Friday	10:00 AM	11:00 AM	Multipurpose
Zumba Gold (\$2/class)	Monday, Wednesday, Friday	8:15 AM	9:15 AM	Social Hall
GAMES				
Cornhole	Friday	10:00 AM	11:00 AM	Park
Game Day	Wednesday	9:30 AM	11:00 AM	Multipurpose
Mexican Train	Saturday	10:00 AM	12:30 PM	Room 1
GAMES- BOARD				
Chess for Fun	Friday	12:15 PM	4:30 PM	Room 3

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Chess for Fun	Monday	11:30 AM	2:30 PM	Multipurpose
Chess for Fun	Wednesday	11:30 AM	4:30 PM	Room 2
Chess for Fun	Saturday	9:00 AM	2:45 PM	Multipurpose

GAMES- TABLE

Billiards (\$.25/day)	Saturday	9:00 AM	2:45 PM	Pool Room
Billiards (\$.25/day)	M, Tu , W, Th, F	8:00 AM	4:45 PM	Pool Room
Table Tennis	Monday	1:30 PM	4:30 PM	Social Hall
Table Tennis	Friday	2:30 PM	4:45 PM	Social Hall
Table Tennis	Thursday	9:30 AM	11:00 AM	West Social
Table Tennis	Saturday	1:00 PM	2:45 PM	Social Hall
Table Tennis	Saturday	9:00 AM	11:00 AM	Social Hall

GAMES-CARD

Bridge Walk In	Wednesday	12:00 PM	3:00 PM	Room 3
Canasta Hand & Foot	Monday	12:00 PM	4:30 PM	Room 4
Canasta: Hand & Foot	Thursday	12:00 PM	4:30 PM	Room 4
Cribbage	Thursday	9:30 AM	11:30 AM	Room 4
Hearts	Friday	9:00 AM	12:00 PM	Room 3
Mahjong (American version)	Monday	12:00 PM	3:00 PM	Room 3
Mahjong (Filipino version)	Saturday	12:00 PM	2:30 PM	Multipurpose
Monday Cribbage	Monday	9:00 AM	11:30 AM	Room 3
Pinochle	Friday	8:00 AM	12:00 PM	Lobby
Pinochle Group (Double Deck)	Friday	12:30 PM	4:45 PM	Room 4
Samba	Friday	12:30 PM	4:30 PM	Room 1
Shanghai Rummy	Tu Th	1:00 PM	4:00 PM	Lobby/MP
Shanghai Rummy	Saturday	12:00 PM	2:45 PM	Lobby

GROUPS AND CLUBS

ABQ Coin Club Meeting	Saturday - 2nd	10:30 AM	12:30 PM	Room 2
ABQ Precancel Stamp Club	Thursday - 1st	7:00 PM	8:30 PM	Room 1
Calvary Connect Group	Thursday	7:00 PM	8:30 PM	Room 2
Cherokee SW Township	Saturday - 1st - Every 2 Months	10:30 AM	2:30 PM	Rooms 3 & 4
Fishing Club Meeting	Monday	1:00 PM	2:00 PM	Room 2
Friends of Bear Canyon Meeting	Thursday - 2nd	9:00 AM	10:30 AM	Room 3
Lip Reading (\$5/book)	Monday	12:30 PM	1:30 PM	Room 1
Open Bible Study	Thursday	9:00 AM	11:00 AM	Room 2
Photo Group	Thursday - 2nd,4th	6:00 PM	7:30 PM	Room 5
Siglo de Oro RV Club (\$25/dues)	Tuesday - 3rd	10:00 AM	11:00 AM	Social
VFW Post 10763	Thursday - 1st	9:30 AM	11:00 AM	Room 3
Zia Rifle & Pistol Club	Thursday - 3rd	7:00 PM	8:45 PM	Room 5
Zia Sundials	Saturday - 2nd	12:30 PM	2:30 PM	Room 5

HEALTH

Blood Pressure Screening	Wednesday	9:00 AM	11:00 AM	Room 2
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Activity	Weekdays	Start Time	End Time	Location
GEHM RN Clinic	Tues, Wed - 2nd	8:30 AM	12:00 PM	Lobby
Happy Losers (Weight Loss Group)	Thursday	8:00 AM	9:15 AM	Room 4
LANGUAGE				
Dutch Speaking Club	Friday	10:00 AM	11:30 AM	Lobby
French Beginning I	Wednesday	12:00 PM	1:00 PM	Room 1
French Beginning II	Wednesday	1:30 PM	2:30 PM	Room 1
German - Intermediate (May-Dec)	Tuesday	10:30 AM	12:00 PM	Room 4
German Beginning/Intermediate	Thursday	3:00 PM	5:00 PM	Room 2
Italian Workshop: Intermediate	Tuesday	11:00 AM	12:30 PM	Room 2
Spanish - Adv	Tuesday	1:00 PM	3:00 PM	Room 2
Spanish - Intermediate/Advanced	Tuesday	9:00 AM	10:50 AM	Room 2
MUSIC				
ABQ Accordion Club	Thursday - 2nd, 4th	7:00 PM	8:45 PM	Rooms 3 & 4
Bear Canyon Ukulele Club	Monday - 1st, 3rd	2:00 PM	4:00 PM	Room 1
Beartones	Thursday	10:00 AM	12:00 PM	Room 5
Beginning Piano	Friday	8:30 AM	10:30 AM	Room 2
Guitar - Advanced Beginning II	Wednesday	12:00 PM	2:00 PM	Room 4
Guitar - Advanced Performance	Wednesday	10:30 AM	12:30 PM	Room 5
Guitar - Beginning (Class Full)	Wednesday	8:00 AM	9:30 AM	Room 1
Guitar - Class	Friday - 1st,3rd	12:30 PM	4:00 PM	Room 2
Guitar - Int. Acoustic Rock/Americana	Wednesday	10:00 AM	11:30 AM	Room 1
Guitar - Intermediate/Advanced	Thursday	1:00 PM	3:00 PM	Room 5
Guitar - Jam Session Experienced	Monday	1:00 PM	4:00 PM	Room 5
Guitar - Workshop Intermediate	Monday	9:00 AM	11:00 AM	Room 1
Guitar-Classical (Class Full)	Thursday	12:00 PM	3:00 PM	Room 1
Piano Workshop: Intermediate	Friday	10:45 AM	12:00 PM	Room 2
SOCIAL				
Dessert Social	Friday - 3rd	1:15 PM	2:15 PM	Social Hall
Flea Market (May-Dec)	Tuesday	10:00 AM	2:00 PM	Multipurpose
Friendship Coffee	Tuesday	9:30 AM	10:30 AM	Social Hall
Movie Matinee	Friday - 2nd	1:30 PM	3:30 PM	Room 5
New Member Orientation	Friday - 2nd	10:30 AM	11:30 AM	Room 1
Out To Dinner Bunch	Monday - 1st		-	Offsite
Out to Lunch Bunch *Van*	Thursday - 3rd		-	Offsite
WE (The Collision of Wisdom &	Tuesday	1:00 PM	2:00 PM	Room 1
SUPPORT GROUPS				
Grief Support Group	Monday	3:00 PM	4:30 PM	Room 2
Prostate Cancer Support Group	Saturday - 1st, 3rd	12:30 PM	2:45 PM	Room 3
TRAINING				
AARP Defensive Driving	Saturday - 1st	9:30 AM	1:30 PM	Room 5
AARP Defensive Driving	Thursday - 3rd	12:00 PM	4:00 PM	Room 5

Activity	Weekdays	Start Time	End Time	Location
WRITING/LITERATURE/DISCUSSION				
Classic & Great Books Discussion	Friday - 2nd, 4th	1:00 PM	- 3:00 PM	Room 2
Free Write Workshop	Thursday - 3rd	1:00 PM	- 3:00 PM	Room 3
Inquiring Minds Discussion Group	Monday	10:00 AM	- 11:00 AM	Room 2
Memoirs- Autobiography	Tuesday	9:00 AM	- 11:15 AM	Room 1
The Land of Enchantment Romance	Saturday - 4th	11:00 AM	- 2:30 PM	Room 2